

27 days of Gratitude

- 1 Send your spouse some snail mail thanking him for all he does.
- 2 List his best qualities A to Z.
- 3 Surprise him with a phone call during the day to tell him a reason why you are grateful for him.
- 4 Do a chore he usually does.
- 5 Do not complain to (or about) your spouse ALL day!
- 6 Write a little love note or thank you note on a picture frame or mirror using dry erase marker.
- 7 After work, give him a foot rub or back rub and thank him for working so hard!
- 8 Give him a candy bar love note to say "Thank You!"
- 9 Brag about something your spouse has done in public while he's listening.
- 10 Leave out a love note with a slice of pumkin pie.
- 11 Stick some lunchbox love notes in his lunch.
- 12 Clean something that means a lot to him (maybe his car or office).
- 13 Send him a text telling him how much you appreciate him!
- 14 Make his favorite meal or dessert.
- 15 Cover his car with fun fall love notes.
- 16 Ask about his day and truly listen (before you unload on him all about your day).
- 17 Only say YES to anything he requests all day.
- 18 Give him this "Thanks for Giving" printable card with a handwritten love note inside.
- 19 Ask your spouse "How can I make you feel loved today?" And DO it!
- 20 Surprise your spouse by getting a babysitter for the night!
- 21 Leave out a Mountain Dew and a Mounds candy bar for him with a note- "MOUNDS of thanks for all you DEW!"
- 22 Let your spouse sleep in. Even if that means getting up to take care of the kids and keeping them quiet.
- 23 Initiate intimacy! Let your spouse know how attractive he is to you.
- 24 Watch a movie or play a game that your spouse enjoys (even if you don't especially enjoy it).
- 25 Make him some gratitude rolls with hidden messages of thanks.
- 26 Write down the TOP 10 reasons why you're thankful for your spouse.
- 27 Hide Thanksgiving love notes around the house!