

RELATIONSHIP

Spring Cleaning

CHECKLIST

SUPPLIES YOU WILL NEED:

- Patience
- Honesty
- Willingness
- Open Mind
- lots of LOVE!



for the CALENDAR

- rotate out old date ideas and make room for new ones
- sweep out and mop up wasted
- clear up more time for each other



for the BEDROOM



- clear the cobwebs off the bed
- freshen up your intimate time together
- keep the bedroom clean and inviting



- polish any tarnished parts of your relationship
- unplug from technology and focus on each other
- wipe away hurtful language and keep your words clean



for our HEARTS

- wash the windows to our hearts & open them
- dust off and forgive past disagreements
- clear the air and express your love for each other
- clean off any hurt and make room for a stronger connection



for OURSELVES

- throw away poor communication
- organize priorities in your life
- clean up your appearance
- empty the junk drawer of bad habits