

JOIN US FOR THE

Spring OLYMPICS

OPENING CEREMONY:

DATE:

TIME:

PLACE:



BRING OUT YOUR
INNER CHAMPION,
IT'S TIME TO PLAY!



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Spring OLYMPICS

IDEA CARD

TABLE TENNIS - Use your dinner table to create your own ping pong table.

EQUESTRIAN - Grab a play horse and create an obstacle course to get through! Whoever makes it through in the fastest time, wins!!

CYCLING - See who can roll a frisbee or other wheel shaped object the farthest.

TARGET SHOOTING - So many options here, but you can lay out hoops or plates and throw bean bags and see how many you can get to land on the target.

JAVELIN - Throw straws into a cup!

ROWING - Use a skateboard and 2 plungers. This activity is done sitting on the skateboard, and using both plungers to quickly get you from the starting line to the finish.

BASKETBALL - Use a kid's basketball hoop and balls to pull this one off at home.

SHOT PUT - Give each player 2 balls. Throw one ball before going to the next player for the 2nd ball. Tuck the ball into your neck then extending your arm, release the ball. Mark where it lands and whoever throws it furthest wins!

TRAMPOLINE - Jump on the bed!! Best trick wins!

DISCUSS THROW - Grab any type of disc and throw it. Bam!

WEIGHT LIFTING - Lift a variety of random objects and guess their weight.

VOLLEYBALL - Use balloons and pass back and forth over the couch or other barrier.

GYMNASTICS - Turn on some music and perform your best floor routine.

FENCING - Grab some toy swords, light sabers or wooden spoons to fight your opponent.

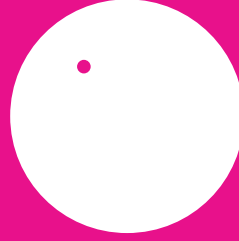
SWIMMING - Use the skateboard again, you must lay on your belly or back while using your hands and arms to swim to the finish.

HURDLES - Find different sized objects to jump over.





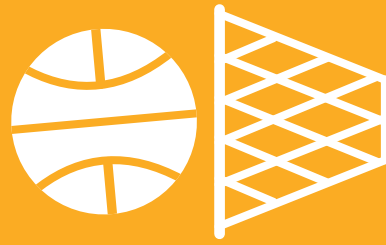
TARGET
SHOOTING



SHOT PUT



CYCLING



BASKETBALL



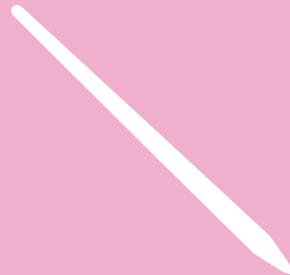
EQUESTRIAN



ROWING

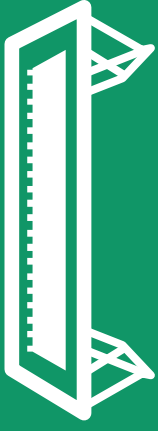


TABLE TENNIS



JAVELIN

OLYMPIC EVENT CARDS



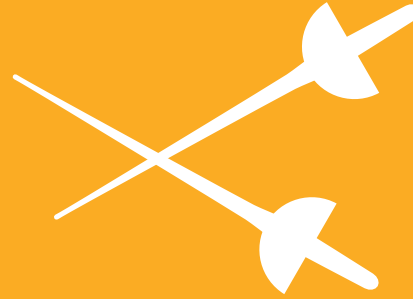
TRAMPOLINE



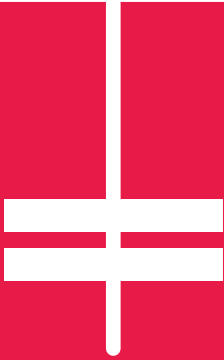
GYMNASTICS



DISCUS
THROW



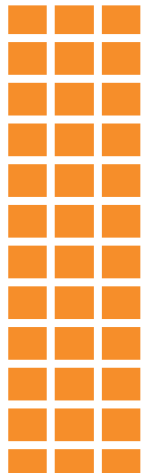
FENCING



WEIGHT
LIFTING



SWIMMING



VOLLEYBALL



HURDLES

OLYMPIC EVENT CARDS

Champions BREAKFAST

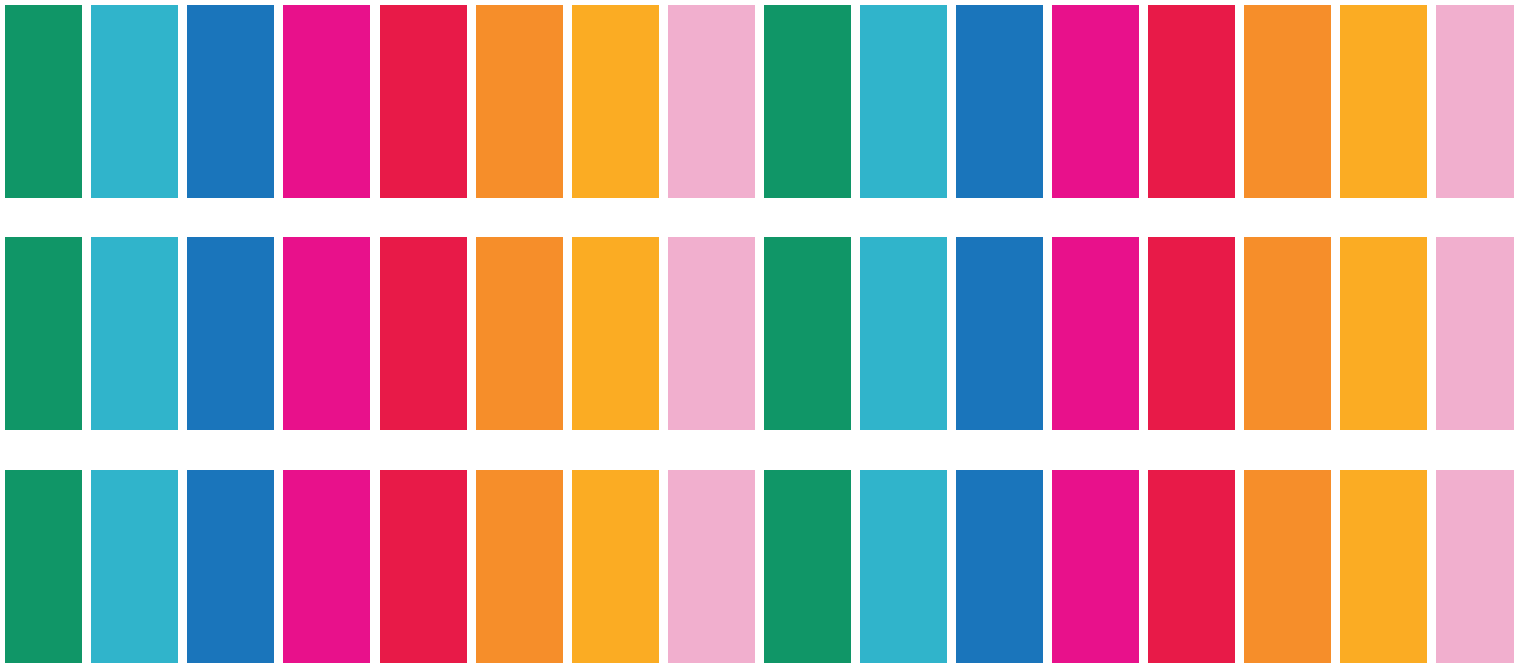
MENU

- EGGS
- HASHBROWNS
- SAUSAGE
- PROTEIN SHAKE
- GRANOLA BAR
- TOAST
- BACON
- WHEATIES

TRIVIA

- The 5 Olympic rings represent the 5 major regions of the world - Africa, the Americas, Asia, Europe and Oceania, & every national flag in the world includes one of the 5 colors.
- Only four athletes have ever won medals at both the Winter and Summer Olympic Games.
- The first 12 olympic games had a single event - Sprint from one end of the arena to the other. All athletes competed in the nude!
- Athletes from Greece always walk on first during the parade of nations at opening ceremonies. Which country's athletes go last?





ATTACH THE COLORFUL STRIP TO A JAR OF REESE'S FOR GOLD, KISSES FOR SILVER, AND ROLOS FOR BRONZE, THEN ADD THE PRINTABLE MEDAL TO THE FRONT AND TOP OF YOUR JAR TO MAKE YOUR AWARD OFFICIAL!

OLYMPIC AWARDS