

# Couple's JOURNAL

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EXCLUSIVELY FOR THE DATING DIVAS



GIFT TAG

JAR COVER





*Couple's*  
**JOURNAL**



TELL WHY YOU ARE  
GRATEFUL FOR YOUR  
*spouse*



WHAT IS A FAVORITE  
MEMORY YOU SHARE?



WHY IS YOUR SPOUSE  
YOUR BEST FRIEND?



WHAT DOES  
YOUR SPOUSE DO  
TO MAKE YOU  
*laugh?*

DESCRIBE THE  
PERFECT DAY  
WITH YOUR  
*spouse*

LIST 5 THINGS YOU  
LOVE ABOUT YOUR  
*spouse*

WHAT IS SOMETHING  
YOUR SPOUSE DOES THAT  
MAKES YOU SMILE?

LIST 3 THINGS  
YOUR SPOUSE DOES  
THAT MAKES YOU  
*smile*

DESCRIBE THE FIRST  
MOMENT YOU MET YOUR  
*spouse*

WHAT MAKES YOUR  
SPOUSE DIFFERENT  
FROM ANYONE ELSE?

WHAT IS A FAVORITE  
DATE YOU HAVE GONE ON  
*together?*

LIST 5 BUCKET  
LIST ITEMS YOU HOPE  
TO DO WITH YOUR  
*spouse*

WHAT IS SOMETHING  
YOU LOOK FORWARD TO  
DOING WITH YOUR  
*spouse?*

WHAT SKILL DOES YOUR  
SPOUSE HAVE THAT YOU  
APPRECIATE?



LIST 3 REASONS  
YOU CAN'T LIVE  
WITHOUT YOUR  
*spouse*

DESCRIBE YOUR  
SPOUSE IN ONE WORD

WHAT IS A FAVORITE  
DATE YOU HAVE GONE ON  
*together?*

HOW DOES YOUR  
SPOUSE MAKE YOU FEEL  
*happy?*

WHAT QUALITY  
DO YOU ADMIRE MOST  
ABOUT YOUR  
*spouse?*

WHAT IS SOMETHING  
SEXY YOUR SPOUSE  
DOES THAT YOU LOVE?

WRITE A FAN LETTER TO  
YOUR SPOUSE AS IF THEY'RE  
FAMOUS AND YOU'RE THEIR  
*biggest fan*

FILL IN THE BLANK:  
I LOVE YOU MORE THAN...

WHAT IS THE MOST  
FUN YOU HAVE EVER HAD  
WITH YOUR  
*spouse?*

WHAT IS A FAVORITE  
MEMORY FROM YOUR EARLY  
DATING DAYS?

The image is a vertical grid of 12 journal prompts, arranged in two columns and six rows. Each prompt is contained within a white arrow-shaped box pointing to the right. The background of each row is a different color, and the entire page is decorated with a repeating pattern of small triangles in shades of teal, yellow, and dark blue. A small white heart icon is positioned in the top left corner of each prompt box. The prompts are as follows:

WHAT DOES YOUR SPOUSE DO TO HELP YOU FEEL

*loved?*

WHAT QUOTE DESCRIBES YOUR RELATIONSHIP?

WHAT MANNERISM DOES YOUR SPOUSE HAVE THAT YOU

*love?*

HOW HAS YOUR SPOUSE CHANGED YOUR

*life?*

WHAT SONGS REMIND YOU OF YOUR

*spouse?*

WHO HAS BEEN AN EXAMPLE TO YOU OF A STRONG

*marriage?*

WHEN YOU ARE HAVING A BAD DAY, WHAT DOES YOUR SPOUSE DO TO CHEER YOU

*up?*

HOW HAS YOUR SPOUSE CHANGED OVER TIME?

WHAT ARE 3 WISHES YOU HAVE FOR YOUR FUTURE IN

*marriage?*

WHAT IS YOUR SPOUSE'S BEST PERSONALITY

*trait?*



WHEN DID YOU FIRST KNOW THAT YOU LOVED YOUR *spouse?*

FINISH THE SENTENCE:  
I ALWAYS LAUGH WHEN I REMEMBER THAT TIME THAT *we...*

WHAT IS SOMETHING SMALL THAT YOUR SPOUSE DOES THAT YOU APPRECIATE?

SHARE AN EVENT THAT HELPED YOU GROW CLOSER TO YOUR *spouse*

WHEN IN YOUR MARRIAGE HAVE YOU FELT THE MOST LOVE FROM YOUR *spouse?*

WHAT DOES YOUR SPOUSE DO TO MAKE YOU FEEL GOOD ABOUT *yourself?*

WHAT DO YOU MISS MOST ABOUT YOUR SPOUSE WHEN THEY ARE *away?*

TELL YOUR SPOUSE SOMETHING THEY DON'T KNOW ABOUT YOU.

HOW DO YOU IMAGINE YOUR LIFE IN YOUR GOLDEN YEARS?

HOW WOULD YOUR LIFE BE DIFFERENT IF YOU HAD NEVER MET YOUR *spouse?*



IF YOU COULD GIFT YOUR SPOUSE ANYTHING, WHAT WOULD YOU GET THEM?



FINISH THE SENTENCE:  
WHEN I DESCRIBE YOU TO  
OTHER PEOPLE I TELL THEM

*you're...*



WHAT IS SOMETHING  
YOUR SPOUSE HAS DONE  
THAT HAS MADE YOU

*proud?*



LIST 3 REASONS  
WHY YOU LOVE BEING  
MARRIED TO YOUR

*spouse*



FINISH THE SENTENCE:  
I LOVE YOU BECAUSE...



HOW HAS YOUR  
**RELATIONSHIP**  
CHANGED OVER TIME?



LIST 5 THINGS YOUR  
SPOUSE IS GOOD AT



WHAT PHYSICAL  
FEATURE DO YOU LOVE  
ABOUT YOUR

*spouse?*

## JOURNAL PROMPTS

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