Thanks for downloading! We hope that you LOVE YOUR PRINTABLE!

GET OUR 7 DAYS OF LOVE PROGRAM FOR FREE!

Get ready to have a great time learning how to love your spouse! What’s that, you already know how? Well, The Dating Divas are here to give you a whole new perspective on delighting your better half with our incredible 7 Days of Love Program... and its absolutely free when you sign up for our newsletter!

Each day, for the next 7 days, you’ll get a super-easy and fun way to connect with your spouse. At the end of this week, no matter how well you thought you knew your spouse, you’ll have a whole new way of looking at the ways in which they love to be loved!

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the DATING DIVAS
STRENGTHENING MARRIAGES, ONE DATE AT A TIME
**Edible Body Paint Recipe**

**Ingredients:**
- 3 tablespoons beeswax
- 3 tablespoons coconut oil
- 1 tablespoon honey powder
- 1/2 teaspoon flavoring
- 1 tablespoon cocoa butter
- Natural food coloring

**Directions:**
1. Heat 2 cups of water to a boil in a saucepan. Reduce heat down to low. Stir the ingredients until they are melted.
2. Remove the mason jar from the water and let the outside of the jar cool without getting any water in it.
3. Fill the mason jar with the solid ingredients until the jar is full. Stir the ingredients until they are melted.
4. Add flavoring (lemon extract, almond extract, peppermint, etc.)
5. Add food coloring until you create your desired color. You can also crush up fruit for a natural way to color the paint!

**Body Paint**

**DIY RISES**

**PRINTABLES DESIGNED BY ELIZABETH EDWARDS EXCLUSIVELY FOR THE DATING DIVAS**
Chocolate Body Paint Recipe + Bottle Tag

**Ingredients:**
- 3 tablespoons beeswax
- Ring water to a boil in a saucepan. Reduce heat down to low. Stir the ingredients until they are melted. Remove the mason jar from the water and add the honey powder. Add flavoring (lemon extract, almond extract, peppermint, etc.) Add food coloring until you create your desired color. You can also crush up fruit for a natural way to color the paint!

**Directions:**
1. Add beeswax, coconut oil, and cocoa butter to a mason jar, or other heat safe container.
2. Put the mason jar with the solid ingredients into the water. Allow the water to heat the outside of the jar without letting any water in.
3. In a saucepan, combine sugar, salt, and water over medium heat. Next, bring it to a boil, then reduce heat and let it simmer. When ready to use, heat for 15 seconds at a time, stirring in between. When fully combined and smooth, pour the cocoa and flavorings. Remove the mixture from the heat and add the butter, stirring until melted and fully combined. When ready to use, heat for 15 seconds at a time, stirring in between. When fully combined and smooth, pour into a mason jar or other heat safe jar. Add the cocoa and flavorings. Remove the mixture from the heat and add the butter, stirring until melted and fully combined. When ready to use, heat for 15 seconds at a time, stirring in between. When fully combined and smooth, pour into a mason jar or other heat safe jar. Add the cocoa and flavorings.
**EDIBLE BODY PAINT RECIPE**

**INGREDIENTS:**
- 3 tablespoons beeswax
- Ring water to a boil in a saucepan. Reduce heat down to low.
- Stir the ingredients until they are melted.
- Remove the mason jar from the water and add the honey powder.
- Add flavoring (lemon extract, almond extract, peppermint, etc.)
- Add food coloring until you create your desired color. You can also crush up fruit for a natural way to color the paint!
- Add beeswax, coconut oil, and cocoa butter to a mason jar, or other heat safe container.
- Put the mason jar with the solid ingredients into the water. Allow the water to heat the outside of the jar without getting any water in.

**DIRECTIONS:**
- 3 tablespoons coconut oil
- 3 tablespoons cocoa butter
- 1 tablespoon honey powder
- 1/2 teaspoon flavoring
- Natural food coloring

**NON-EDIBLE BODY PAINT RECIPE + BOTTLE TAG**

**INGREDIENTS:**
- 1/4 teaspoon vegetable oil
- Face lotion
- Edible cornstarch
- Edible face paint
- Add washable paint to the mixture.
- You can also divide the paint base prior to step 3 and add different colors to the divided paint base so you can have a variety of body paints!
- Add vegetable oil to the thick paint base to keep it smooth.
- Add vegetable oil to the thick paint base. Add washable paint to the mixture. Add cornstarch and lotion until it forms a thick mixture. Add vegetable oil to the thick paint base until it forms a thick mixture.
- Mix together equal amounts of cornstarch and lotion until it forms a thick paint base. You can also divide the paint base prior to step 3 and add different colors to the divided paint base so you can have a variety of body paints!
INSTRUCTIONS: DIVIDE THE BODY PARTY CARDS INTO A DECK AND THE PAINT PROMPT CARDS INTO THEIR OWN DECK. TAKE TURNS PICKING ONE BODY PART CARD AND ONE PAINT PROMPT CARD. PAINT THE PROMPT FROM THE CARD ONTO WHATEVER BODY PART OF YOUR PARTNER THAT YOU DREW. (EXAMPLE: PAINT A SELF-PORTRAIT ON YOUR PARTNER’S FOOT.) IF YOUR BODY PAINT IS EDIBLE, LICK OFF YOUR PAINTING WHEN YOU ARE DONE!
<table>
<thead>
<tr>
<th>Paint an animal your partner reminds you of.</th>
<th>Paint an image of your favorite body part.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paint a self-portrait.</td>
<td>Paint a portrait of your partner.</td>
</tr>
<tr>
<td>Paint a picture of a household item your partner uses most.</td>
<td>Paint the scene of a location you want to travel to.</td>
</tr>
<tr>
<td>Paint your favorite food.</td>
<td>Paint something spicy.</td>
</tr>
<tr>
<td>Paint a monster.</td>
<td>Paint something spicy.</td>
</tr>
</tbody>
</table>

**Paint Game Prompt Cards**