



YOU STARTED OUT THE YEAR
RESOLVING TO WORKOUT MORE,
BUT FAILED MISERABLY.

TRUE//FALSE



YOU LEARNED A NEW SKILL
OR TALENT THIS YEAR.

TRUE//FALSE



IT WAS A GOOD YEAR.

TRUE//FALSE




YOU LIVED IN THE MOMENT
MORE THIS YEAR THAN
THE YEAR BEFORE.

TRUE//FALSE



YOU REMEMBER THE
NEW YEAR'S RESOLUTION YOU SET
AT THE BEGINNING OF THIS YEAR.

TRUE//FALSE



THIS YEAR GENERALLY
WENT AS YOU EXPECTED.

TRUE//FALSE



YOU LAUGHED
EVERYDAY THIS YEAR.

TRUE//FALSE



THE NEW YEAR'S RESOLUTION
YOU SET FOR THIS YEAR WILL NEED
TO BE REPEATED FOR NEXT YEAR.

TRUE//FALSE



WHAT IS ONE OF YOUR NEW
YEAR'S RESOLUTIONS FOR
THE COMING YEAR?




WHAT IS THE FIRST MEMORY
THAT COMES TO MIND FROM
THIS YEAR?



WHAT WAS THE MOST ROMANTIC
MOMENT WE SHARED THIS YEAR?




WHAT WAS THE MOST
CHALLENGING THING YOU
FACED THIS YEAR?



WHAT IS ONE OF YOUR MOST
HILARIOUS MEMORIES FROM
THIS YEAR?



WHAT DID YOU MOST IMPROVE
ON THIS YEAR?



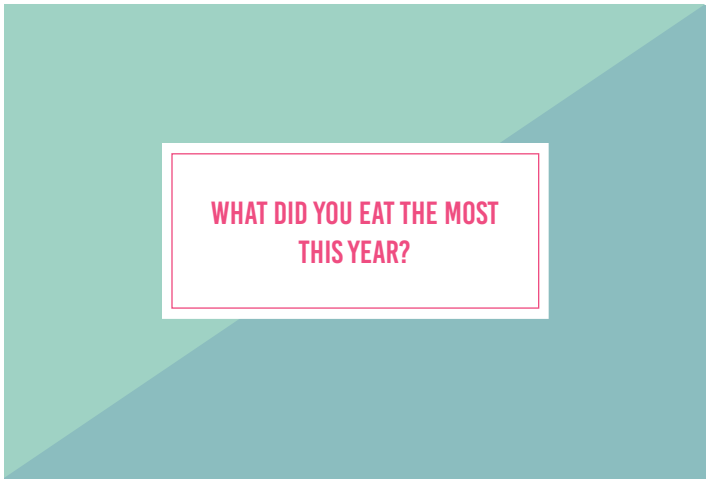
WHAT WAS YOUR FAVORITE MOVIE
OR SHOW YOU SAW THIS YEAR?



WHAT WORD DID YOU USE
THE MOST THIS YEAR?



WHAT WAS THE BIGGEST PROBLEM
YOU HAD TO SOLVE THIS YEAR?



WHAT DID YOU EAT THE MOST
THIS YEAR?



WHAT IS SOMETHING YOU WILL
NEVER FORGET FROM THIS YEAR?




WHAT PIECE OF CLOTHING DID YOU
WEAR THE MOST THIS YEAR?



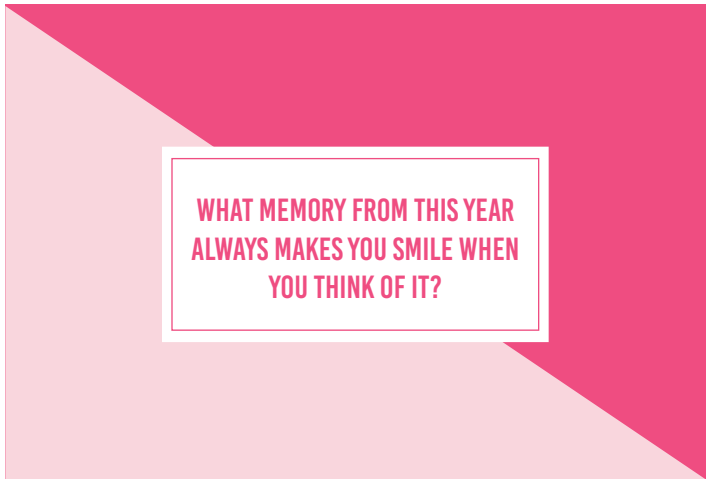
WHAT WAS THE MOST EXCITING
MOMENT FROM THIS YEAR?



IF YOUR RESOLUTION FOR THIS YEAR
WAS _____, THEN YOU WOULD
HAVE COMPLETELY FAILED!



IF YOUR RESOLUTION FOR THIS YEAR
WAS _____, THEN YOU WOULD
HAVE TOTALLY ROCKED IT!



WHAT MEMORY FROM THIS YEAR
ALWAYS MAKES YOU SMILE WHEN
YOU THINK OF IT?

THIS YEAR I TOOK:

- A. TWO STEPS FORWARD
- B. A STEP FORWARD
- C. A STEP BACKWARD
- D. TWO STEPS BACKWARD

NEXT YEAR I MOST HOPE TO BECOME:

- A. MORE FIT
- B. MORE AT PEACE
- C. MORE ORGANIZED
- D. MORE FINANCIALLY STABLE

IF YOU HAD UNLIMITED TIME AND RESOURCES, WHICH OF THE FOLLOWING WOULD YOU HIRE FOR THE COMING YEAR:

- A. PERSONAL TRAINER
- B. PIANO TEACHER
- C. TUTOR
- D. DIETICIAN

WHERE DO YOU WISH YOU SPENT MORE TIME THIS YEAR?

- A. THE GYM
- B. IN SCHOOL
- C. AT HOME
- D. OUTSIDE

THIS WAS THE YEAR OF:

- A. FUN
- B. CHANGE
- C. MISHAPS
- D. EXCITEMENT

MOST DAYS THIS YEAR YOU WERE:

- A. TIRED
- B. OVERWHELMED
- C. CALM
- D. JOYFUL

WHAT WAS THE BEST PART OF THIS YEAR?

- A. SPRING
- B. SUMMER
- C. FALL
- D. WINTER

RANK THIS YEAR ON A SCALE OF

1-10

NAME _____

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____
21. _____
22. _____
23. _____
24. _____
25. _____
26. _____
27. _____
28. _____
29. _____
30. _____
31. _____
32. _____

NAME _____

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____
21. _____
22. _____
23. _____
24. _____
25. _____
26. _____
27. _____
28. _____
29. _____
30. _____
31. _____
32. _____