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## GET OUR 7 DAYS OF LOVE PROGRAM FOR FREE!

Get ready to have a great time learning how to love your spouse! What's that, you already know how? Well, The Dating Divas are here to give you a whole new perspective on delighting your better half with our incredible 7 Days of Love Program... and its absolutely free when you sign up for our newsletter!

Each day, for the next 7 days, you'll get a super-easy and fun way to connect with your spouse. At the end of this week, no matter how well you thought you knew your spouse, you'll have a whole new way of looking at the ways in which they love to be loved!

**CLICK HERE TO SIGN UP!**

the  
**DATING**  **DIVAS**

STRENGTHENING MARRIAGES, ONE DATE AT A TIME

# Goal sheet

## GOALS FOR THE YEAR

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## GOALS FOR THE MONTH

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## GOALS FOR THE WEEK

Goal: \_\_\_\_\_

Why: \_\_\_\_\_

Tasks:

Target Date:

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

Goal: \_\_\_\_\_

Why: \_\_\_\_\_





























Tasks:

Target Date:

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_



# Week Planner

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Reminders	Reminders	Reminders	Reminders	Reminders	Reminders	Reminders
Priorities	Priorities	Priorities	Priorities	Priorities	Priorities	Priorities
Weather	Weather	Weather	Weather	Weather	Weather	Weather
   	   	   	   	   	   	   
TEMP: _____	TEMP: _____	TEMP: _____	TEMP: _____	TEMP: _____	TEMP: _____	TEMP: _____

## NOTES

# Weekly Menu

[illegible]

# Date Night Planner

## JANUARY

week 1 \_\_\_\_\_

week 2 \_\_\_\_\_

week 3 \_\_\_\_\_

week 4 \_\_\_\_\_

week 5 \_\_\_\_\_

## FEBRUARY

week 1 \_\_\_\_\_

week 2 \_\_\_\_\_

week 3 \_\_\_\_\_

week 4 \_\_\_\_\_

week 5 \_\_\_\_\_

## MARCH

week 1 \_\_\_\_\_

week 2 \_\_\_\_\_

week 3 \_\_\_\_\_

week 4 \_\_\_\_\_

week 5 \_\_\_\_\_

## APRIL

week 1 \_\_\_\_\_

week 2 \_\_\_\_\_

week 3 \_\_\_\_\_

week 4 \_\_\_\_\_

week 5 \_\_\_\_\_

## MAY

week 1 \_\_\_\_\_

week 2 \_\_\_\_\_

week 3 \_\_\_\_\_

week 4 \_\_\_\_\_

week 5 \_\_\_\_\_

## JUNE

week 1 \_\_\_\_\_

week 2 \_\_\_\_\_

week 3 \_\_\_\_\_

week 4 \_\_\_\_\_

week 5 \_\_\_\_\_

## JULY

week 1 \_\_\_\_\_

week 2 \_\_\_\_\_

week 3 \_\_\_\_\_

week 4 \_\_\_\_\_

week 5 \_\_\_\_\_

## AUGUST

week 1 \_\_\_\_\_

week 2 \_\_\_\_\_

week 3 \_\_\_\_\_

week 4 \_\_\_\_\_

week 5 \_\_\_\_\_

## SEPTEMBER

week 1 \_\_\_\_\_

week 2 \_\_\_\_\_

week 3 \_\_\_\_\_

week 4 \_\_\_\_\_

week 5 \_\_\_\_\_

## OCTOBER

week 1 \_\_\_\_\_

week 2 \_\_\_\_\_

week 3 \_\_\_\_\_

week 4 \_\_\_\_\_

week 5 \_\_\_\_\_

## NOVEMBER

week 1 \_\_\_\_\_

week 2 \_\_\_\_\_

week 3 \_\_\_\_\_

week 4 \_\_\_\_\_

week 5 \_\_\_\_\_

## DECEMBER

week 1 \_\_\_\_\_

week 2 \_\_\_\_\_

week 3 \_\_\_\_\_

week 4 \_\_\_\_\_

week 5 \_\_\_\_\_