

SPRING CLEAN YOUR HOME & MARRIAGE

7 DAY CLEANING CHALLENGE

	YOUR HOME	YOUR MARRIAGE
DAY 1	Clean out the Fridge	Write a love note for your spouse and post on your nice clean fridge.
DAY 2	Organize the Pantry	Plan and make dinner together. Light some candles and turn on the romance.
DAY 3	Do 1 Chore on Your Spouse's List	After you complete the chore, leave a surprise for your spouse to find!
DAY 4	Clean Your Car Inside & Out	Take the car out on the town and grab dinner at your favorite place.
DAY 5	Clean out the Medicine Cabinet	Laughter is the best medicine. See who can make the other laugh the hardest, then watch a comedy!
DAY 6	Clean Out Your Closet	Model some sexy clothing for each other. Its okay to leave those clothes on the floor.
DAY 7	Look how clean your house is! Time to relax and enjoy it!	After cleaning, you are probably sore. Take a hot bath together & give each other massages to soothe those aching muscles.

LOVE NOTES FOR THE FRIDGE

HAPPINESS IS...



NOW THAT IT'S CLEAN, LETS...



CLEANING WITH YOU IS LIKE...



A CLEAN HOME IS...



LOVE NOTES FOR THE FRIDGE



CAR NOTE - PLACE THIS ON THE STEERING WHEEL TO INVITE YOUR SPOUSE OUT FOR DINNER



THE CAR IS
CLEAN
LET'S HIT THE
TOWN