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LOVE YOUR PRINTABLE!



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GET OUR 7 DAYS OF LOVE PROGRAM FOR FREE!

Get ready to have a great time learning how to love your spouse! What's that, you already know how? Well, The Dating Divas are here to give you a whole new perspective on delighting your better half with our incredible 7 Days of Love Program... and its absolutely free when you sign up for our newsletter!

Each day, for the next 7 days, you'll get a super-easy and fun way to connect with your spouse. At the end of this week, no matter how well you thought you knew your spouse, you'll have a whole new way of looking at the ways in which they love to be loved!

CLICK HERE TO SIGN UP!

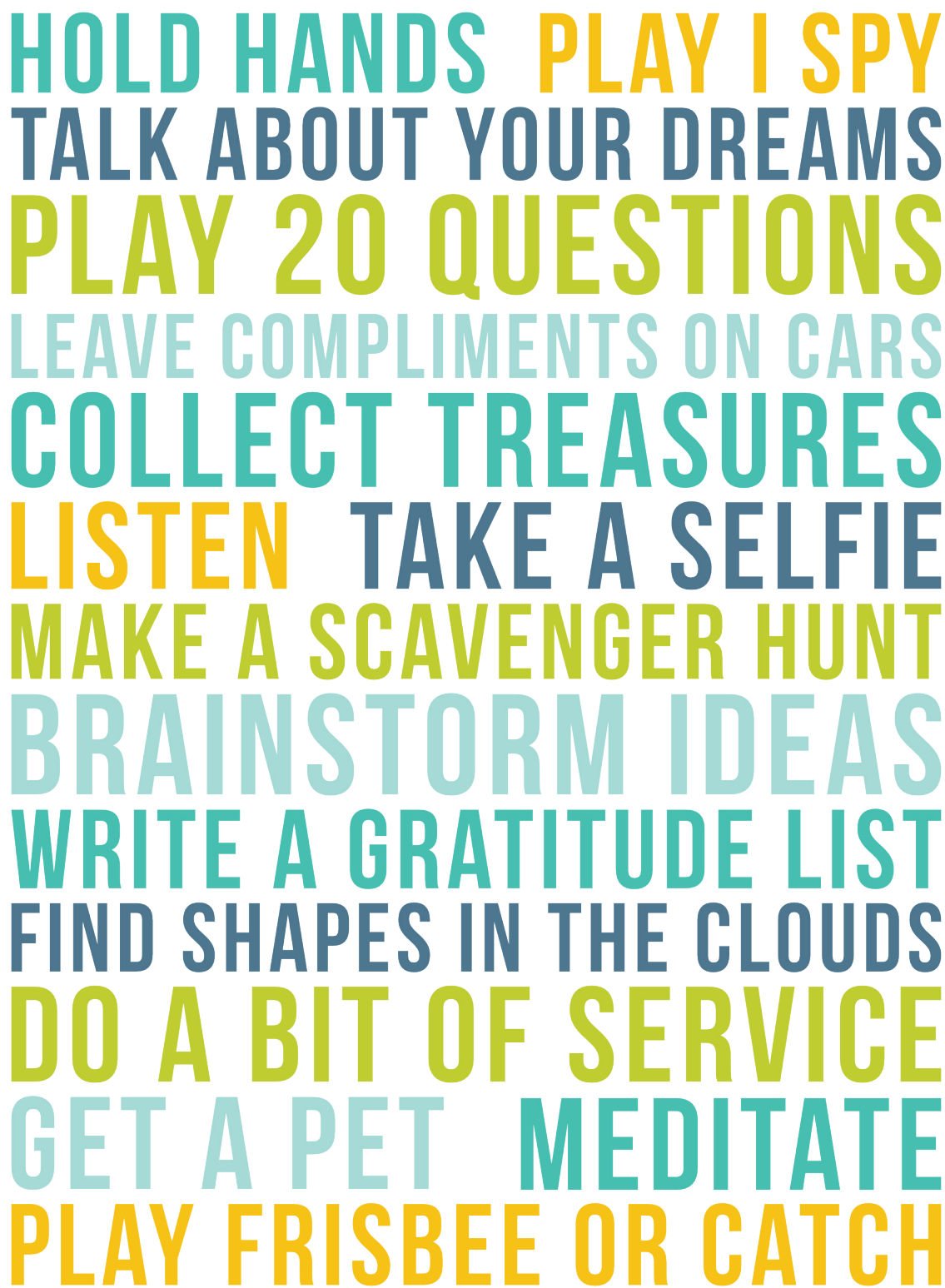
the
DATING  **DIVAS**

STRENGTHENING MARRIAGES, ONE DATE AT A TIME



Out for a Walk

THINGS TO DO WITH YOUR SPOUSE



HOLD HANDS **PLAY I SPY**
TALK ABOUT YOUR DREAMS
PLAY 20 QUESTIONS
LEAVE COMPLIMENTS ON CARS
COLLECT TREASURES
LISTEN **TAKE A SELFIE**
MAKE A SCAVENGER HUNT
BRAINSTORM IDEAS
WRITE A GRATITUDE LIST
FIND SHAPES IN THE CLOUDS
DO A BIT OF SERVICE
GET A PET **MEDITATE**
PLAY FRISBEE OR CATCH

Out for a Walk
CHALLENGES

THINGS TO DO

CHOOSE AN ITEM YOU WANT TO SPOT ON YOUR WALK, THE WINNER IS THE PERSON WHO SPOTS THE MOST

Out for a Walk
CHALLENGES

THINGS TO DO

PLAY THE WORD ASSOCIATION GAME STARTING WITH A WORD & TAKE TURNS NAMING RELATED WORDS - THE GAME ENDS IF YOU GET STUCK OR REPEAT A WORD

Out for a Walk
CHALLENGES

THINGS TO DO

SET A TIMER FOR 1 MINUTE AND CHALLENGE YOUR SPOUSE TO AN EXERCISE LIKE PLANKS, CALF RAISES, LUNGES OR SQUATS

Out for a Walk
CHALLENGES

THINGS TO DO

CRANK UP THE TUNES AND TAKE TURNS STRUTTING YOUR STUFF

Out for a Walk
CHALLENGES

THINGS TO DO

SPREAD HAPPINESS BY WAVING AND SAYING HELLO TO THOSE YOU PASS - SEE IF YOU CAN GREET MORE PEOPLE THAN YOUR SPOUSE

Out for a Walk
CHALLENGES

THINGS TO SAY

Out for a Walk
CHALLENGES

THINGS TO SAY

Out for a Walk
CHALLENGES

THINGS TO SAY

Out for a Walk
CHALLENGES

THINGS TO SAY

Out for a Walk
CHALLENGES

THINGS TO SAY

SET A TIMER FOR 1 MINUTE
AND LIST AS MANY THINGS
AS YOU CAN THAT YOU'RE
GRATEFUL FOR

TRADE COMPLIMENTS
FOR EACH STEP YOU
TAKE UNTIL YOU
REACH THE CORNER

NAME 3 THINGS THAT
MAKE YOU COME ALIVE,
WHAT DO YOU LOVE
ABOUT THESE THINGS?

DESIGN THE PERFECT
DAY FROM START TO
FINISH

PLAY TWO TRUTHS AND A
LIE WITH YOUR SPOUSE TO
SEE HOW WELL YOUR
SPOUSE KNOWS YOU, SEE IF
YOU CAN TRICK THEM!

you are
MAKING A BIG
difference

ON A SCALE FROM 1-10

YOU'RE
AN 11!

hey you!

YOU ARE SOMETHING SPECIAL