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### **GET OUR 7 DAYS OF LOVE PROGRAM FOR FREE!**

Get ready to have a great time learning how to love your spouse! What's that, you already know how? Well, The Dating Divas are here to give you a whole new perspective on delighting your better half with our incredible 7 Days of Love Program... and its absolutely free when you sign up for our newsletter!

Each day, for the next 7 days, you'll get a super-easy and fun way to connect with your spouse. At the end of this week, no matter how well you thought you knew your spouse, you'll have a whole new way of looking at the ways in which they love to be loved!

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## HOPK

- Take turns drawing a card from the FORE pile.
- Do the challenge on the card.

  If you succeed, your partner
  draws a PLAY card. If you fail,
  you draw the PLAY card.
- Important: You BOTH try the challenge on the FORE card before drawing a new one.
- Any whipped cream that is sprayed on must be licked off.



WHEN:

WHERE

DRESS CODE:

## FORE Card

Have your spouse draw a heart somewhere on their body, cover it with a drop of whipped cream, and then put ten more drops of whipped cream somewhere else on their body.

You have five chances to lick off the drops and find the heart!

## FORE Card

Have your partner pick a spot on themselves to put whipped cream, then you try to find it with your eyes closed.

## **FORE** Card

Stare into each other's eyes and take turns trying to make each other smile. First one to smile draws a PLAY card.

## FORE

Spread whipped cream or your partner's stomach.
Have them close their eye, while you draw a picture, and then have them try to guess what you drew.

## FORE

Put a dollop of whipped cream on the back of your hand. Have your partner lay near you, hit your hand and see where the dollop lands, and then lick it off. Call where you think it will land- if you're right, they draw a card, if you're wrong, you do.

## FORE Card

Have your spouse hold up fingers between 1-5 behind their back. Guess what they are holding up by putting that many dollops of whipped cream on them.

## FORE Card

Put a dollop of whipped cream on the back of your hand, hit your hand, and try to catch it in your mouth.

## FORE Card

Have your partner put a dollop of whipped cream on their hand, hit it off, and you try to catch it in your mouth.

## FORE

Try making the tallest, skinniest tower you can out of whipped cream. Tallest tower wins.

## FORE

Use the whipped cream as a pen and write a word on your partner. If they can guess what you wrote, draw a PLAY card.

You must kiss your spouse wherever they choose.

## PLAY Card

Your choice.

## PLAY Card

Partner's choice.

## PLAYCard

# Whisper in their ear for terseconds.

Close your eyes and let your spouse do anything they want for thirty seconds.

Play footsies for ten seconds.

## PLAY Card

Tickle your spouse's arm for thirty seconds.

## PLAY Card

Give your spouse a massage for two minutes.

## PLAYCard

## Make out for one minute.

## PLAYCard

Give your spouse a foot rub.

Kiss & don't be the first one to break away.

## PLAY Card

Hug for one minute.

## PLAY Card

Tell your spouse your favorite physical traits about them.

PLAY

Do a striptease.

PLAY Gard

Cuddle for two minutes.

Spray whipped cream on your fingers and feed it to each other.

## PLAY Card

Kiss your partner in their favorite spot.

## PLAY Card

Scalp massage for two minutes.

## PLAY Card

Lean in close so your lips are almost touching, but don't kiss for thirty seconds.

## PLAYCand

## Make out for two minutes.