On a scale of 1 to 10, how important is sex to you?

On a scale of 1 to 10, how important is non-sexual touch and affection to you?

What does sex mean to you?

What does non-sexual touch and affection mean to you?

How often would you like to make love?

How much time would you like to spend on foreplay?

When are your favorite kinds of non-sexual touch or affection, (holding hands, hugging, back rub, cuddling, playing with hair, etc.)?

What is your favorite part of our love life?

What is one thing you’d like to improve on together in our love life?

What is one of your favorite intimate memories of us? (Perhaps, one that you’d like to re-create some time.)

Why is it one of your favorites? What made it so memorable?

What are three things that happen outside “the bedroom” that make you most interested in being intimate? (What do I do that makes you swoon?)

What are three things that happen outside “the bedroom” that make you least interested in being intimate? (What turns you off?)

Tell me what your ideal intimate encounter with me would be like?
Where do you like most being touched during lovemaking?

What is something you think might be fun to try some time?

What do you most think about or worry about when we are being intimate?

What is your favorite way to relax and de-stress?

What do you most like me to say to you during lovemaking?

What do you like me to wear during lovemaking?

What is your favorite perfume or cologne for me to wear?

What is your favorite love making position?

Which love making positions would you like to try?

What’s one thing you’d like to know, but never asked me about before?

Rank these activities in order of importance to you: sex, cuddling, kissing, holding hands, spooning, and talking.

On a scale of 1 to 10, how comfortable was it for us to have this conversation?
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