

# Thanks is for Giving!

- Bring donuts to work
- Bake cookies for a neighbor
- At a drive-thru, pay for the person behind you
- Donate to your favorite charity
- Leave food out for a neighborhood stray
- Mow or rake a neighbor's yard
- Pick up an extra round of carpool
- Bring food to a local shelter
- Mentor a young student or athlete
- Buy one thing and donate it unused
- Volunteer at a local shelter or food kitchen
- Pay someone's parking meter
- Leave an extra-large tip
- Organize a neighborhood clean up
- Leave a treat for the mailman
- Take up your neighbor's garbage cans
- Donate work clothes to a local shelter
- Shovel a neighbor's driveway
- Bring a meal to a friend
- Let someone go in front of you at check-out
- Donate blood
- Bring cookies to your local police or fire department
- Say "Good Morning" to a stranger
- Write a recommendation for a student or co-worker
- Recycle {always}
- Buy bus or train tickets for a local shelter
- "Drop" a 5 dollar bill in a store for a lucky person to find
- Be there for a friend in need
- Send a Just Because card to a family or friend
- Compliment a stranger
- Donate toys, diapers and formula to a children's facility
- Host a family for Thanksgiving or Christmas
- Offer free babysitting
- Let a car merge in front of you in traffic
- Tutor a student in need
- Return a stray cart in the parking lot
- Help someone change a flat
- Buy a \$5 gift card at checkout and hand it to the person behind you
- Share an umbrella with a person in need
- Throw some extra change in the container of a street performer
- Do something nice for a person you don't get along with
- Pick up the tab for a friend or family member
- Introduce yourself to someone new
- Open the door for someone
- Save and give Box Tops to your school
- Become an organ donor
- Make care packages for soldiers overseas
- Pay for someone's gas at the next pump
- Always donate your loose change
- Donate books to the library
- Offer to pet sit for free or dog walk for free
- Buy stamps for the person behind you at the post office
- Send flowers to your parents or grandparents
- Leave change in a vending machine
- Bring food to a homeless person on the street
- Help a co-worker with a project
- Save and share coupons with a family in need
- Leave a positive comment on someone's blog
- Foster an animal from a shelter
- Leave a kind note or \$5 gift card on someone's car
- Donate school supplies
- Run an errand for a friend
- Smile at everyone
- Leave a quarter in a gumball machine
- Bring water or coffee to construction workers
- Call someone on their birthday
- Save the planet, use air dryers instead of paper towels
- Donate gloves, hats and coats to a shelter
- Hand out balloons to kids at a park or store
- Order delivery for a new mom or busy friend
- Leave a positive review for your favorite local business
- Organize a play date for the neighborhood kids
- Help someone carry groceries
- Write an encouraging note in chalk on the sidewalk
- Gift a friend music over iTunes
- Leave a kind note in a library book
- Tape money to the car wash machine for the next person to use
- Give up your seat on the bus or train
- Donate unused air miles to the "Make a Wish" Foundation
- Plan a visit to a friend you haven't seen in a while
- Buy a magazine subscription for a new mom or friend
- Pay for a kid to take a class of their choice
- Leave a newspaper behind for someone to read
- Use your connections to help some get a job or interview
- Give a recipe with a bag full of ingredients to a friend, family member or neighbor
- Bring coffee to someone waiting at a bus stop
- Do a chore that is usually your partner's responsibility
- Scrape your neighbor's or partner's car windows
- Pick up an extra shift at work to help a co-worker who needs time off
- Tape a bag of microwavable popcorn to a Redbox Machine
- Tape up the "Take a Smile" printable in a bathroom stall
- Donate prepaid phone cards to a shelter
- Pick up something someone has dropped
- Always say "Please" and "Thank You"
- Leave change at the laundry mat
- Offer a ride to a friend in need
- Help clean graffiti
- Volunteer at a school
- Give a gift to a bus driver
- Conserve energy
- Pick up litter as you see it



101 Random Acts of Kindness

you've received a

**R.A.O.K.**  
Random Act Of Kindness

please pay it forward  
and spread the *joy* of kindness!

*"No act of kindness,  
no matter how small,  
is ever wasted."  
~Aesop*

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A SMILE IS  
A *CURVE* THAT  
SETS EVERYTHING  
STRAIGHT.

-PHYLLIS DILLER

PLEASE TAKE A SMILE!

TODAY IS GOING TO BE A GOOD DAY!

